

It will be fun, they said . . .

And they were right.
Raising kids IS fun.

But parenting can also be hard, and tiring,
and sometimes overwhelming.

\$100
Gift Card
Incentive!

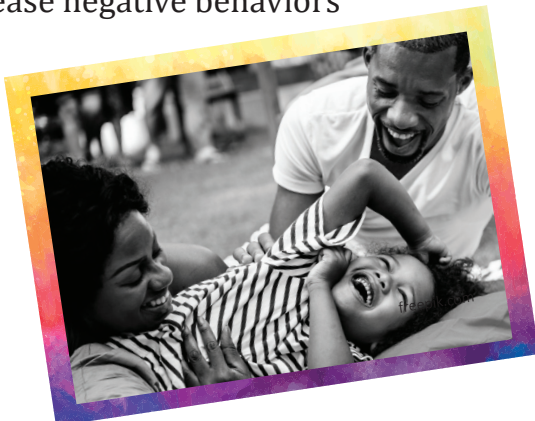
The *ACT Raising Safe Kids* program
is designed to help parents and
caregivers meet these challenges.

WHO: For parents and caregivers of young
children (birth to 10 years old)

WHAT: Training in parenting skills and
positive reinforcement tools for shaping
children's behavior

HOW: Classes in small-group setting,
featuring interactive activities and
discussions. Conducted in nine 2-hour weekly
sessions

WHY: To improve family relationships and
decrease negative behaviors



ACT is an evidence-based program developed by
the American Psychological Association (APA).



Session starting
Thursday September 25th

WHEN: Nine weekly sessions: Sept. 25
Oct. 2, 9, 16, 23, 30
Nov. 6, 13, 20

WHAT TIME: 5:45 - 7:45 PM

WHERE: Children's Advocacy
Center
1334 W. 38th st.
Erie, PA

\$100 Gift Card to Walmart or Country Fair
awarded to every participant who attends
at least 8 of the 9 classes!

Childcare will be provided through the Church.
Snacks & drinks provided by the CAC.

For more information or to register,
please send an email to:
ashley.farrell@cacerie.org

